Welcome to the February edition of the National Library for Public Health newsletter.

The purpose of this newsletter is to highlight new additions to the library and any special pieces of work we have done.

We hope you find this useful and would welcome any comments. If you would like to be added or removed from our mailing list, please email library@nepho.org.uk. Please note, due to the volume of emails received for subscriptions, you will not receive a confirmation.

The National Library for Public Health is now on Twitter! We use it to update you on the latest additions to the collection, public health events, news and anything else we think you might be interested in. You can also use it to get in touch with us or alert us and others to relevant material on the web. More information on using Twitter can be found on their help page.

Have a look at what we're tweeting about and if you'd like to follow us or get in touch you can find us at @NLPHenland.

News

For selected recent public health related news coverage and press releases, click on the links below. You can also subscribe, with an RSS reader, to our National Library for Public Health news feeds here.

- Smokers to face doorway ban in new public health policy The Guardian, 1st February 2010
- Inequality in the UK: the data behind the National Equality Panel report The Guardian, 27th January 2010
- Unequal Britain: richest 10% are now 100 times better off than the poorest The Guardian, 27th January 2010
- Public strongly advised it is still important to have the Swine Flu jab Department of Health, 22nd January 2010
- Preventative mental health services must improve Care Quality Commission, 21st January 2010
- 12 steps to better public health Faculty of Public Health, 18th January 2010
- Conservatives' launch public health strategy NHS Confederation, 13th January 2010
- Government backs sunbed ban Department of Health, 13th January 2010
- World Health Organization to review swine flu response BBC, 12th January 2010
- Health Select Committee calls for minimum pricing on alcohol NHS Confederation, 8th January 2010
- Start4Life - A good start for a healthier life Department of Health, 6th January 2010
- Too much of the hard stuff: what alcohol costs the NHS NHS Confederation, 1st January 2010
- New Quit Kit helps smokers give up for good in 2010 Department of Health, 23rd December 2009

Consultations

The library has been developed to provide high quality evidence e-based information on all aspects of public health.

It is designed for those working in the field of public health by providing a single source of access to web based evidence on public health. It is being developed as part of the Department of Health Information and Intelligence Strategy by the North East Public Health Observatory. It replaces the Public Health Electronic Library (PHeL).

The National Library for Public Health does not contain patient information on individual medical conditions.
Consultations on a number of public health topics are currently being run. Further details can be found via the link below.

- [Citizens Council report: smoking and harm reduction](#) Consultation closes 31 March 2010
- [Consultation on the future of the National Congenital Anomaly System](#) Closes 26 March 2010
- [Age equality in health and social care](#) Closing date: 15 February 2010
- [Preventing obesity: a whole-system approach: consultation on the draft scope](#) Closes 12 February 2010

**Subscribe to the NHS Evidence *Eyes on Evidence* Newsletter**

If you would like to receive *Eyes on Evidence*, the monthly e-bulletin from NHS Evidence, please sign up at [http://www.evidence.nhs.uk/NewsletterSignup.aspx](http://www.evidence.nhs.uk/NewsletterSignup.aspx). The bulletin will keep you updated with new and important evidence and key developments on the NHS Evidence portal. It comes out on the second Wednesday of the month and can be sent to any e-mail address that you provide.

**Upcoming events**

**February 2010**

10-12 February – Helsinki
[Towards Better Work and Well-being](#)

12 February - London
[The Marmot review to reduce health inequalities in England post 2010 conference](#)

22-24 February - Stratford-upon-Avon
[75th Road safety congress 2010](#)

23 February - London
[Public Health Futures](#)

23-24 February
[The 4th Annual European Nutrition and Lifestyle Conference 2009: Enabling healthy choices - where does the regulatory balance lie?](#)

25-28 February - Munich
[2nd International Conference on Early Disease Detection and Prevention (EDDP)](#)

**March 2010**

16 March - Manchester
[Quality, innovation, productivity and prevention (QIPP)](#)

10-12 March - Parma, Italy
[Fifth ministerial conference on environment and health: Protecting children’s health in a changing environment](#)

17 March - London
[Safeguarding vulnerable adults](#)
17 March - Albrighton Hall near Shrewsbury
Healthy rural communities

24-25 March – Bournemouth
18th Annual Public Health Forum (UKPHA)

26-27 March - Istanbul
2nd Istanbul international symposium on public health genomics: chronic-complex diseases and genetics.

30 March - Liverpool
Bariatric Surgery: Challenging the Evidence

30 March - London
Prevention and health inequalities

April 2010

13 April - London
Drugs and alcohol today

14-16 April - Manchester
18th International conference on health promoting hospitals & health services

New additions

We have highlighted recently published items brand new to the National Library for Public Health. If you are interested in a full list of items recently added to the collection, please visit the December 2009 and January 2010 additions page, otherwise select a topic below for a selection of items. Please note that these links may not work in some email clients.

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Accidents & injuries

Cost of falls in old age: a systematic review
Osteoporosis International

Educational interventions for the prevention of eye injuries
Cochrane

Evidence-based effectiveness of road safety interventions: a literature review
Gaceta Sanitaria SESPAS

Fragility fractures - prevention
Department of Health

The impact of transportation infrastructure on bicycling injuries and crashes: a review of the literature
Environmental Health

Review: exercise interventions reduce falls in elderly people living in the community
EMB BMJ

The role of alcohol in unintentional falls among young and middle-aged adults: a systematic review of epidemiological studies
Injury Prevention: Journal of the International Society for Child and Adolescent Injury Prevention

Alcohol

Alcohol related ambulance pick-ups and pubs and clubs in Home Office priority areas in the East Midlands
East Midlands Public Health Observatory (EMPHO)

Alcohol social marketing for England: Working together to tackle higher risk drinking
National Social Marketing Centre

Children, young people and alcohol: how they learn and how to prevent excessive use
Joseph Rowntree Foundation

Guidance on the consumption of alcohol by children and young people
Department of Health

House of Commons Health Committee - Alcohol - First report of session 2009-10: volume 1
House of Commons

Primary care intervention to reduce alcohol misuse: ranking its health impact and cost effectiveness
Centre for Reviews and Dissemination

The role of alcohol in unintentional falls among young and middle-aged adults: a systematic review of epidemiological studies
Injury Prevention: Journal of the International Society for Child and Adolescent Injury Prevention

Cancer

Green tea for the prevention of gastrointestinal cancer
Database of Uncertainties about the Effects of Treatments (DUET)

Influence of smoking cessation after diagnosis of early stage lung cancer on prognosis: systematic review of observational studies with meta-analysis
BMJ Publishing

Non steroidal anti-inflammatory drugs for the prevention of colorectal adenomas
Database of Uncertainties about the Effects of Treatments (DUET)
Sunbed outlets and area deprivation in the UK
South West Public Health Observatory (SWPHO)

Cardiovascular disease

Economic evaluation of the direct healthcare cost savings resulting from the use of walking interventions to prevent coronary heart disease in Australia
International journal of health care finance and economics

Evidence based cardiovascular disease screening and treatment
Department of Health

Yorkshire and Humber Cardiovascular Disease (CVD) Commissioning Health Intelligence Toolkit
Yorkshire and Humber Public Health Observatory (YPHO)

Children & young people

Children, young people and alcohol: how they learn and how to prevent excessive use
Joseph Rowntree Foundation

Do school-based tobacco prevention programmes pay off? The cost-effectiveness of the ‘Smoke-free Class Competition’
Centre for Reviews and Dissemination

Effects and effectiveness of life skills education for HIV prevention in young people
Centre for Reviews and Dissemination

Effect of school-based physical activity interventions on body mass index in children: a meta-analysis
Centre for Reviews and Dissemination

Guidance on the consumption of alcohol by children and young people
Department of Health

Healthy children, safer communities - a strategy to promote the health and well-being of children and young people in contact with the youth justice system
Department of Health

Joint commissioning of child and adolescent mental health services
NHS North West

Identification and weight management of overweight or obese children: community based interventions
NICE

Improving safety, reducing harm: children, young people and domestic violence: a practical toolkit for front-line practitioners
Department of Health

Improving the psychological wellbeing and mental health of children and young people: commissioning early intervention support services
Department for Children Schools and Families

Interventions for promoting physical activity among European teenagers: a systematic review
Mortality target monitoring (infant mortality, inequalities) update to include data for 2008
Department of Health

National Child Measurement Programme
The Information Centre

National Child Measurement Programme: Online results
The Information Centre

Obesity: recent trends in children aged 2-11y and 12-19y
National Heart Forum

Statutory guidance on promoting the health and well-being of looked after children
Department for Children Schools and Families

Substance misuse among young people - the data for 2008-09
National Treatment Agency for Substance Misuse

Therapeutic effects of yoga for children: a systematic review of the literature
Centre for Reviews and Dissemination

Toolkit for high-quality neonatal services
Department of Health

Young people's sexual health: the National Chlamydia Screening Programme
The Stationery Office

Commissioning

PCT Spend and Outcome Factsheets and Tool (SPOT)
Yorkshire and Humber Public Health Observatory

Strengthening commissioning in mental health services
World Class Commissioning Mental Health Programme, National Mental Health Development Unit

Yorkshire and Humber Cardiovascular Disease (CVD) Commissioning Health Intelligence Toolkit
Yorkshire and Humber Public Health Observatory (YPHO)

Communicable diseases

AIDS epidemic update 2009
UNAIDS and WHO

Clean Your Hands campaign
National Patient Safety Agency

Dengue: guidelines for diagnosis, treatment, prevention and control
WHO

Effects and effectiveness of life skills education for HIV prevention in young people
Centre for Reviews and Dissemination
**Crime & violence**

- Healthy children, safer communities - a strategy to promote the health and well-being of children and young people in contact with the youth justice system
  Department of Health

- Improving Health, Supporting Justice: The National Delivery Plan of the Health and Criminal Justice Programme Board
  Department of Health

- Improving safety, reducing harm: children, young people and domestic violence: a practical toolkit for front-line practitioners
  Department of Health

- Together we can end violence against women and girls: A strategy
  Home Office

- Vulnerable defendants in the criminal courts: a review of provision for adults and children
  Prison Reform Trust

**Dental health**

- 2009 Oral Cancer Update - Prevention
  NHS Evidence - oral health

- The British Dental Association Oral Health Inequalities Policy
  British Dental Association

- Fluoride toothpastes of different concentrations for preventing dental caries in children and adolescents
  Cochrane
Diabetes

Delivery methods of education for people with type 2 diabetes.
Database of Uncertainties about the Effects of Treatments (DUET)

An integrative literature review of lifestyle interventions for the prevention of type II diabetes mellitus.
Centre for Reviews and Dissemination

Low glycaemic index, or low glycaemic load, diets for diabetes mellitus: long-term effects, quality of life, mortality, morbidity and cost-effectiveness.
Centre for Reviews and Dissemination

Nutrition interventions for the prevention of type 2 diabetes.
Centre for Reviews and Dissemination

Diet & nutrition

Derbyshire food and health needs assessment.
East Midlands Public Health Observatory (EMPHO)

The efficacy and safety of multivitamin and mineral supplement use to prevent cancer and chronic disease in adults: a systematic review for a National Institutes of Health State-of-the-Science Conference.
Centre for Reviews and Dissemination

The effectiveness of worksite nutrition and physical activity interventions for controlling employee overweight and obesity: a systematic review.
American Journal of Preventative Medicine

Fall prevention with supplemental and active forms of vitamin D: a meta-analysis of randomised controlled trials.
Centre for Reviews and Dissemination

Nutrition interventions for the prevention of type 2 diabetes.
Centre for Reviews and Dissemination

General

12 steps to better public health: a manifesto.
Faculty of Public Health

“A hard day's night?” The effects of Compressed Working Week interventions on the health and work-life balance of shift workers: a systematic review.
Centre for Reviews and Dissemination

Care in the home schemes.
British Red Cross

Communications and behaviour change.
Central Office of Communications (COI)

Global health risks: mortality and burden of disease attributable to selected major risks
WHO

Health protection regulations - response to the consultation
Department of Health

NHS 2010 - 2015: from good to great: preventative, people-centred, productive.
The Stationery Office

Public health benefits of strategies to reduce greenhouse-gas emissions: food and agriculture
The Lancet

Public health benefits of strategies to reduce greenhouse-gas emissions: health implications of short-lived greenhouse pollutants
The Lancet

Public health benefits of strategies to reduce greenhouse-gas emissions: household energy
The Lancet

Public health benefits of strategies to reduce greenhouse-gas emissions: low-carbon electricity generation
The Lancet

Public health benefits of strategies to reduce greenhouse-gas emissions: overview and implications for policy makers
The Lancet

Public health benefits of strategies to reduce greenhouse-gas emissions: urban land transport
The Lancet

Self care support for long term conditions
Department of Health

A systematic review and meta-analysis of interventions used to reduce exposure to house dust and their effect on the development and severity of asthma
Centre for Reviews and Dissemination

Sustaining a healthy future: taking action on climate change - special focus on the NHS
Faculty of Public Health

Valuing health: developing a business case for health improvement - final report
Improvement and Development Agency for Local Government (I&DeA)

Visual feedback of individuals' medical imaging results for changing health behaviour
Cochrane

Genomics

APOA2, dietary fat, and body mass index: Replication of a gene-diet interaction in 3 independent populations
Archives of Internal Medicine

Health inequalities
Mental health

Improving the psychological wellbeing and mental health of children and young people: commissioning early intervention support services
Department for Children Schools and Families

Joint commissioning of child and adolescent mental health services
NHS North West

Strengthening commissioning in mental health services
World Class Commissioning Mental Health Programme, National Mental Health Development Unit

Obesity

APOA2, dietary fat, and body mass index: Replication of a gene-diet interaction in 3 independent populations
Archives of Internal Medicine

Community-based approaches to prevent obesity and maintain a healthy weight: whole system approaches
NICE

Effect of school-based physical activity interventions on body mass index in children: a meta-analysis
Centre for Reviews and Dissemination
The effectiveness of worksite nutrition and physical activity interventions for controlling employee overweight and obesity: a systematic review
American Journal of Preventative Medicine

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National Child Measurement Programme: Online results
The Information Centre

Obesity: recent trends in children aged 2-11y and 12-19y
National Heart Forum

Offender & prison health

Evidence-based practice in group work with incarcerated youth
International Journal of Law and Psychiatry

Healthy children, safer communities - a strategy to promote the health and well-being of children and young people in contact with the youth justice system
Department of Health

Improving Health, Supporting Justice: The National Delivery Plan of the Health and Criminal Justice Programme Board
Department of Health

Vulnerable defendants in the criminal courts: a review of provision for adults and children
Prison Reform Trust

Older people

Cost of falls in old age: a systematic review
Osteoporosis International

Fall prevention with supplemental and active forms of vitamin D: a meta-analysis of randomised controlled trials
Centre for Reviews and Dissemination

Pre-emptive occupational therapy for healthy older people
College of Occupational Therapists

Review: exercise interventions reduce falls in elderly people living in the community
EMB BMJ

A systematic review of the effectiveness of tai chi on fall reduction among the elderly
Centre for Reviews and Dissemination

Physical activity
Economic evaluation of the direct healthcare cost savings resulting from the use of walking interventions to prevent coronary heart disease in Australia
International journal of health care finance and economics

Effect of school-based physical activity interventions on body mass index in children: a meta-analysis
Centre for Reviews and Dissemination

The effectiveness of worksite nutrition and physical activity interventions for controlling employee overweight and obesity: a systematic review
American Journal of Preventative Medicine

Evaluation of the physical activity care pathway London feasibility pilot - final technical report
Department of Health

Interventions for promoting physical activity among European teenagers: a systematic review
International Journal of Behavioural Nutrition and Physical Activity

Meta-analysis of workplace physical activity interventions
American Journal of Preventative Medicine

Review: exercise interventions reduce falls in elderly people living in the community
EMB BMJ

A systematic review of the effectiveness of tai chi on fall reduction among the elderly
Centre for Reviews and Dissemination

Therapeutic effects of yoga for children: a systematic review of the literature
Centre for Reviews and Dissemination

Sexual health

AIDS epidemic update 2009
UNAIDS and WHO

Effects and effectiveness of life skills education for HIV prevention in young people
Centre for Reviews and Dissemination

Effectiveness of behavioural and psychosocial HIV/STI prevention interventions for MSM in Europe
European Centre for Disease Prevention and Control

HIV/AIDS surveillance in Europe 2008
European Centre for Disease Prevention and Control

HIV in the United Kingdom: 2009 Report
Health Protection Agency

HIV infection: diagnostic picture tests
BMJ Learning

Moderators of the relationship between internalized homophobia and risky sexual behavior in men who have sex with men: a meta-analysis.
Archives of sexual behaviour

Psychosocial interventions for reducing injection and sexual risk behaviour for preventing HIV in drug users
Cochrane

**Young people's sexual health: the National Chlamydia Screening Programme**
The Stationery Office

**Substance misuse**

**Effects and effectiveness of life skills education for HIV prevention in young people**
Centre for Reviews and Dissemination

**Psychosocial interventions for reducing injection and sexual risk behaviour for preventing HIV in drug users**
Cochrane

**Substance misuse among young people - the data for 2008-09**
National Treatment Agency for Substance Misuse

**Teenage pregnancy**

**Teenage pregnancy and social disadvantage: systematic review integrating controlled trials and qualitative studies**
Centre for Reviews and Dissemination

**Tobacco**

**Cost-utility analysis of varenicline versus existing smoking cessation strategies using the BENESCO simulation model: application to a population of US adult smokers**
Centre for Reviews and Dissemination

**Do school-based tobacco prevention programmes pay off? The cost-effectiveness of the 'Smoke-free Class Competition'**
Centre for Reviews and Dissemination

**Influence of smoking cessation after diagnosis of early stage lung cancer on prognosis: systematic review of observational studies with meta-analysis**
BMJ Publishing

**Motivational interviewing for smoking cessation**
Cochrane

**Smoking cessation - in association with NICE**
BMJ Learning

**Systematic review of the literature on postpartum care: effectiveness of interventions for smoking relapse prevention, cessation, and reduction in postpartum women**
Centre for Reviews and Dissemination

**WHO Report on the global tobacco epidemic, 2009: implementing smoke-free environments**
WHO
Women's health

Long acting reversible contraception (LARC)
National Institute for Health and Clinical Excellence

A systematic review of interventions to increase awareness, knowledge, and folic acid consumption before and during pregnancy
Centre for Reviews and Dissemination

Systematic review of the literature on postpartum care: effectiveness of interventions for smoking relapse prevention, cessation, and reduction in postpartum women
Centre for Reviews and Dissemination

Together we can end violence against women and girls: A strategy
Home Office

Toolkit for high-quality neonatal services
Department of Health

June 2010

28 June – Athens, Greece
9th European Conference on Health Economics, Management and Policy

The National Library for Public Health is based at the North East Public Health Observatory on behalf of the Association of Public Health Observatories as part of the Informing Healthier Choices strategy published by the Department of Health.

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